

BASE Academy
Red Lane Primary School
Bolton
BL2 5HP

Transition

Support for parents

Red Lane Primary School



**RED LANE
PRIMARY SCHOOL**



BELIEVE • ACHIEVE • SUCCEED

Believe
Achieve
Succeed
in **E**ducation
ACADEMY

Change

Change will happen throughout a child's lifetime- some will be easy and some will be harder. Change can affect both your child and the rest of the family.

Everything changes

- Talk positively about upcoming changes and give them time to adjust
- Ask about your child's day and what they have been doing
- Routine- changes will affect routine, try to plan where possible
- Stay and play sessions/ taster sessions- be prepared to attend transition meetings or days
- Introduce your child to the new environment and people they will come across
- Routine- keep the same home routine e.g. mealtimes, bedtime etc.
- Leaving friends and teachers behind- change may involve this. Let your child talk about what they are going to miss

First Nursery or School

- Independence- get them to dress themselves, hold a knife and fork and take themselves to the toilet
- Sharing- encourage them to share with others
- Interaction- give them opportunities to interact with others
- Play dates- organise play dates and time away from you to help them be happy to start school on their own

Moving up

- Homework- your child will receive more homework the older they are so give them a dedicated space to do this in
- Long days- longer days can be tiring, ensure they get a good night's sleep and a healthy breakfast
- Communication from school- ensure you read communication from school

Starting secondary

- Preparation- help them get prepared by checking they have the right equipment for school e.g. PE kit, calculator
- Worries- talk to them about their worries- listen and explore
- Keeping safe- talk to your child about keeping safe on their way to and from school