



17th March 2021

IMPORTANCE OF SELF ISOLATION

Dear Parent / Carer,

I am writing to reiterate the importance and the guidelines around self isolation. Sadly, I have been made aware of a number of instances in which parents have not followed this guidance or have misunderstood it and this has put children and families within our school community at risk. In one case, as the guidance has not been followed this has caused the closure of a class bubble. This is understandably concerning and frustrating for parents of these pupils.

Full government guidance about COVID 19 and isolation can be found on the school website under the our school tab – COVID 19 response. In summary the rules are:

- Anyone with COVID-19 symptoms or a positive test result should stay at home and self-isolate immediately. This is because you could pass the infection on to others, even if you don't have symptoms.
- If you or your child has symptoms – the entire household must isolate until the symptomatic person is tested and they receive a negative result or complete the 10 day isolation period. If a result is positive or inconclusive the household must continue to isolate. The isolation continues for all members of the household for the full 10 days.
- If you are notified by NHS Test and Trace of a positive test result you must complete your full isolation period. Your isolation period starts immediately from when your symptoms started, or, if you do not have any symptoms, from when your test was taken. Your isolation period includes the day your symptoms started (or the day your test was taken if you do not have symptoms), and the next 10 full days.
- Once isolation is required following contact with a positive case, this isolation period cannot then be ended by other household members taking a test.

Isolation is for the safety of everyone and is also a legal requirement. If you need medical advice you can contact 119 or use the website <https://111.nhs.uk/covid-19>. If in any doubt **please do not send your child to school- make contact with the school office and we will advise you further.**

Mrs Driver
Head of School