



PRICE LIST

PRE-LOVED CLOTHING

ALL UNIFORM 3 FOR £1
POLOS 5 FOR £1
COATS £1 (MAX 2)
BLAZERS £3

ACCESSORIES

SHOES 50P
SCHOOL BAGS 50P

NEW UNIFORM & ACCESSORIES

NEW BAGS £1.50 (MAX 1)
NEW POLOS PER PACK £1
FOOTBALL SHIN PADS £1
NEW SUMMER DRESSES 2 FOR £1 (MAX 2)
NEW EXPENSIVE UNIFORM ITEMS £3 (MAX 2)
SOCKS/TIGHTS 50P (MAX 1 PER CHILD)
UNDERWEAR 50P (MAX 1 PER CHILD)
PE PUMPS £1 (MAX 1 PER CHILD)

NEW OTHER

STATIONERY 4 X £2 (MAX 1 PER FAMILY)
LUNCH BOXES £1 (MAX 2)
SANITARY ITEMS FREE
TOILETRIES 3 FOR £1

DROP OFF POINT

MAIN RECEPTION
KINGS CHURCH BOLTON
THE MILL, BL2 6QE
9AM - 5PM, MON - FRI



Email: Brightmetcommunitygroup@gmail.com

Facebook [@brightmetcommunitygroup](https://www.facebook.com/brightmetcommunitygroup)

Summer Safeguarding Information

RED LANE PRIMARY SCHOOL



BELIEVE • ACHIEVE • SUCCEED

This booklet contains some leaflets and information of activities that are going on in the area through summer.

I have also included some leaflets from helpful companies / local businesses that can be handy to be aware of!

Have a lovely Summer.

Red Lane Inclusion Team

Zoom out (Ctrl+Minus key)

Monday 24th July - Friday 1st September (excluding 28th August)

Urban Outreach is working with an army of volunteers to help make a lunch for your child during the summer holidays. This is aimed at children and young people who would normally receive a free school meal. To collect your packed lunch please go to the nearest centre listed here between 11am and 12 noon during the summer holidays.

Astley Bridge: Oldham's Children's Centre, Forfar St, BL1 6RN

Blackrod: St Katherines Church, Church St, BL6 5EN

Brightmet: Brightmet Library, Brightmet Fold Lane, BL2 6NT

Bright Meadows Children's Centre, Greenroyd Ave, BL2 5DD

Daubhill: St Bedes Church, Normanby St, BL3 3QR

Willows Community Centre, back Caledonia St, BL3 5PA

Deane: Deane Church Shop, 292 Wigan Rd, BL3 5QT

Sutton Centre, Addington Rd, BL3 4QZ

Farnworth: Farnworth Library, Market St, BL4 7PG

New Bury UCAN, 53 George St, BL4 9PU

Great Lever: Great Lever Children's Centre, Leonard St, BL3 3AP

Rose Hill URC, 75 Bradford Rd, BL3 2HE

Halliwell: Oxford Grove Children's Centre, Oxford Grove, BL1 3BH

St Thomas Primary School, Eskrick St, BL1 3JB

Horwich: Bridge Church, Rock St, BL6 5QS

St Elizabeth's Church, Cedar Ave, BL6 6HT

Johnson Fold: Hope Centre, 27 Tattersall Ave, BL1 5TE

Kearsley: Roosevelt Road Community Centre, Roosevelt Rd, BL4 8EA

Little Lever: Kings Church Little Lever, Market St, BL3 1HN

Tonge: Castle Hill Centre, Castleton St, BL2 2JW

Tonge Children's Centre, 260 Starkie Rd, BL2 2ED

Westhoughton: Washacre Primary School, Clough Ave, BL5 2NJ



Scan the QR code to find out about activities going on near you....

Working alongside churches, community groups and businesses to ensure no child goes hungry this summer.

**URBAN
OUTREACH**
(BOLTON)

BL
Bolton Lunches

#TeamBolton

Holiday Activities & Food #HAF

Bolton Council

Department for Education

www.bolton.gov.uk/HAF

SCAN ME

BREIGHTMET	
Provider Name	Waggon Road Young People's Centre - Bolton Council (available to all young people - not just those receiving free school meals)
Activity Overview	Multiple activities in our centre such as sports, crafts, games, baking and much more!
Session type	YOUTH SESSION
Times	Tuesdays 6.30pm - 8.45pm
Location:	Waggon Road Young People's Centre, Waggon Road, Breightmet, BL2 5AB
Contact:	01204 338190
Cost:	FREE TO ALL
Need to book:	No
Age:	12 - 17yrs
Dates:	25th July and 1st, 8th, 15th and 22nd August 2023

BREIGHTMET	
Provider Name	Waggon Road Young People's Centre - Bolton Council (available to all young people - not just those receiving free school meals)
Activity Overview	Multiple activities in our centre such as sports, crafts, games, baking and much more!
Session type	JUNIOR YOUTH SESSION
Times	Mondays 6.30pm - 8.30pm
Location:	Waggon Road Young People's Centre, Waggon Road, Breightmet, BL2 5AB
Contact:	01204 338190
Cost:	FREE TO ALL
Need to book:	No
Age:	9- 12yrs
Dates:	24th and 31st July and 7th, 14th and 21st August 2023

BREIGHTMET	
Provider Name	Waggon Road Young People's Centre - Bolton Council (available to all young people - not just those receiving free school meals)
Activity Overview	Multiple activities in our centre such as sports, crafts, games, baking and much more!
Session type	PLAY SESSION
Times	Mondays and Wednesdays 4.00pm - 6.00pm
Location:	Waggon Road Young People's Centre, Waggon Road, Breightmet, BL2 5AB
Contact:	01204 338190
Cost:	FREE TO ALL
Need to book:	No
Age:	4*- 12yrs, *4 yr olds must already be in reception
Dates:	24th, 26th and 31st July and 2nd, 7th, 9th, 14th, 16th, 21st and 23rd August 2023

BREIGHTMET	
Provider Name	LITTLE BATS LEARNING CIC
Activity Overview	Forest-school style woodland camp – nature games, den building, foraging, outdoor cooking, practical nature crafts and physical activities, and more.....
Session type	Nature based community. If your child has additonal needs please chat to the group leader about this at the booking stage, as the team can cater for different needs.
Times	10.30am > 2.30pm
Location	Seven Acres Country Park
Contact:	ELANOR GORDON - littlebatslearning@hotmail.com Phone: 07402 470161 office hours
Cost	Free for FSM Eligible
Need to book:	Yes-places are limited each week. Due to high demand, we can offer an initial week to each young person, additional sessions may become available.
Age:	5 > 15yrs
Dates:	24th- 27th July; 31st July – 3rd August; 14th-17th August; 21st-24th August 2023

BREIGHTMET	
Provider Name	Leverhulme Young People's Centre - Bolton Council (available to all young people - not just those receiving free school meals)
Activity Overview	Multiple activities in our centre such as sports, crafts, games, baking and much more!
Session type	YOUTH SESSION
Times	Mondays and Thursdays 6.30pm - 8.45pm
Location:	Leverhulme Young People's Centre, Long Lane, Darcy Lever, BL2 6EB
Contact:	01204 338190
Cost:	FREE TO ALL
Need to book:	No
Age:	12 - 17yrs
Dates:	24th, 27th and 31st July and 3rd, 7th, 10th, 14th, 17th, 21st and 24th August 2023

BREIGHTMET	
Provider Name	Leverhulme Young People's Centre - Bolton Council (available to all young people - not just those receiving free school meals)
Activity Overview	Multiple activities in our centre such as sports, crafts, games, baking and much more!
Session type	JUNIOR YOUTH SESSION
Times	Wednesdays 6.30pm - 8.30pm
Location:	Leverhulme Young People's Centre, Long Lane, Darcy Lever, BL2 6EB
Contact:	01204 338190
Cost:	FREE TO ALL
Need to book:	No
Age:	9 - 12yrs
Dates:	26th July and 2nd, 9th, 16th and 23rd August 2023

BREIGHTMET	
Provider Name	Leverhulme Young People's Centre - Bolton Council (available to all young people - not just those receiving free school meals)
Activity Overview	Multiple activities in our centre such as sports, crafts, games, baking and much more!
Session type	PLAY SESSION
Times	Tuesdays and Thursdays 4.00pm - 6.00pm
Location:	Leverhulme Young People's Centre, Long Lane, Darcy Lever, BL2 6EB
Contact:	01204 338190
Cost:	FREE TO ALL
Need to book:	No
Age:	4*- 12yrs, *4 yr olds must already be in reception
Dates:	25th and 27th July and 1st, 3rd, 8th, 10th, 15th, 17th, 22nd and 24th August 2023

#TeamBolton
Holiday Activities
& Food #HAF

www.bolton.gov.uk/HAF

Department for Education
Bolton Council



Come and join us at Moss Bank Park & Queens Park for FREE family food and fun activities! Throughout the day we will be providing young people the opportunity to take part in some hands on mini cooking activities*. We expect the sessions to be busy so whilst you wait for your turn why not join in with some sport activities, games or arts and crafts! We will be there rain or shine so come down and get involved!



CONTACT

Telephone

01204 385848

Email

info@urbanoutreach.co.uk

Address

Urban Outreach Office,
Environ House,
Salop Street,
Bolton BL2 1DZ

Withins UCAN Centre

39 Kentmere Road,
Brightmet,
Bolton,
BL2 5JG.

Click here to follow the **Bolton at Home Communities & UCAN centres Facebook page** for updates from our UCAN centres.

Call: 01204 329643

Email: WithinsUCANcentre2@boltonathome.org.uk

Opening hours

- Monday: 9.30am - 12pm / 12.30pm - 3pm
- Tuesday: 9.30am - 12pm / 12.30pm - 3pm
- Wednesday: Closed
- Thursday: 9.30am - 12pm
- Friday: Closed

For support with housing, money, local welfare provision, courses, debt advice & more, please pop in to the local UCAN centre. The BAH Staff are all really friendly and are happy to help wherever they can!

If you are concerned about a child during the summer holidays, please use the details below to report any concerns.

Are you a worried neighbour, member of the public or family member?

If you are a member of the public or a family member who is worried about a child in your community, it is important that you act on these concerns. You should call 01204 331500. Alternatively you can also contact the NSPPC:

- Freephone **0808 800 5000**
- Email help@nspcc.org.uk
- Text **88858**

School's Out Take an emotional health check



Head into the summer with a better understanding of your **child's brain development** and their **emotional wellbeing** as you support them into their next new phase.

FACT

Our brains develop most rapidly in childhood shaping our emotional health and wellbeing for the rest of our lives.

HERE FOR YOU

Online courses developed by clinical psychologists can help you to **understand your child**, **read their behaviour** and **help them look after their emotional health**.



inourplace.co.uk

Understanding your child online course has been paid for by **Bolton NHS Foundation Trust**, so you can access it **completely free** using the code **RIVINGTON**

Short courses on **Understanding the impact of the pandemic on your child or teenager** also included.

Bolton

Together

Parent Peer Support Overview

Bolton Together offers some wonderful parenting peer support groups for parents/carers of children any age. These groups are aimed at parents and carers of children who are experiencing mental or emotional health difficulties. They are also a great way to meet with other parents and members of the community to discuss experiences. Some brief information about what these groups offer is below.

Breaking Barriers – Peer Support for Parents/Carers Of Children With SEND

Breaking Barriers is a charity that works with children and young people with SEND. Breaking Barriers peer support gathers groups of parents/carers of children with SEND and can offer support and advice and signpost to useful information.

During non-term time please check the calendar on www.breakingbarriersnw.com as these dates and times can change.

Contact

breakbarriers3@gmail.com

07717 434 840

Location
Tuesdays 5-6:30pm
Thursdays 10-12:30
Breaking Barriers North
West café, upper ground
floor of Market Place (next
to TUI).

 **Breaking Barriers NW**

Bounce back In 6 weeks

Bounce back is a six-week course in how positive psychology can give a boost to your family's mental wellbeing. It is an introductory guide to some of the latest evidence-based techniques from positive psychology that have proven benefits on mental wellbeing within the family.

Bounce back is for anyone who is interested in learning more about practical ways to improve mental wellbeing. It is particularly useful for parents and carers interested in learning new ways to support their own and their children's mental health and happiness.

Bounce back introduces six key themes from positive psychology research. Two themes address positive approaches to your past (character strengths and gratitude), two address positive approaches to the present (savouring and kindness), and the last two themes (hope and meaning) explore how you can use positive psychology to reach your potential. For each theme you are invited to try out practical techniques to boost your own and your family's mental wellbeing.

Bounce back was developed jointly with the Open University, the University of Chester and Ian Platt, a PhD Researcher, at the University of Bolton. Ian will be delivering the course for us in Bolton.

LOCATIONS:

MhIST, 1st Floor, Moorland House, 116 Bark Street, Bolton BL1 2AX

FOR MORE INFORMATION CONTACT CHRISTINE MAKINSON:

Tel: 01204527200 Email: christine.makinson@mhIST.co.uk

Saturday Parenting Drop-in

We know being a parent or carer can be challenging sometimes

Early Help Workers will be on hand to provide advice and support on issues including:

Challenging
behaviour

Child development

Issues at school

Parenting support

Bring your little one for a break, brew and a chat.

Come along to one of our centres on a Saturday and see how we can help you and your child(ren):

- **Farnworth Start Well & Young People Centre**, King St
Saturday 11th June, 2nd July, 23rd July, 13th August
and 10th September 2022, between 10am and 1pm
- **Oxford Grove Start Well Centre**, Shepherd Cross St
Saturday 18th June, 9th July, 30th July, 20th August and
17th September 2022, between 10am and 1pm
- **Tonge Start Well Centre**, Starkie Road
Saturday 25th June, 16th July, 6th August, 3rd and 24th
September 2022, between 10am and 1pm



Free Online Safety Workshops supporting children and parents/carers

Fortalice are delivering workshops to children and their parents/carers to raise awareness of how to keep safe online. The sessions will be interactive, fun and informative. Children will have the chance to teach the adults what they need to know!

Dates:

Wednesday 31.05.2023 10am to 11.30am

Monday 05.06.2023 5pm to 6.30pm

Monday 12.06.2023 5pm to 6.30pm

Thursday 27.07.2023 10am to 11.30am

Tuesday 01.08.2023 1pm to 2.30pm

Friday 25.08.2023 1pm to 2.30pm



For children and young people: (8-11 years)

- Learn how to keep themselves safe whilst online.
- Teach their parents what they need to know.
- Know who you can talk to if worried about something that has happened online.
- Understand the impact of online bullying.



For parents/carers:

- Know how to ask difficult questions.
- Understand the different social media platforms used by their children.
- Learn how to keep their children safe when online.
- Know how to work with their child when setting boundaries for being online.



Workshops held at Outreach Support Centre 43 Bradford Street BL2 1HT

To book on a workshop or for more information please contact

allison.wallaceberry@fortalice.co.uk

or phone 07790776343

01204 365677

Bolton Together

**Bolton
Council**



Are you looking after someone?



If you help a family member or friend who is
elderly or who has an illness or disability,
then you are a carer

Help is available

Contact our 24/7 Carers Helpline on
01204 363056

www.boltoncarers.org.uk

Bolton Carers Support