

**Bolton Foundation Trust 0-19 service  
Healthy Families Team  
Pikes Lane Health Centre  
Deane Road  
Bolton BL3 5HP  
Telephone number 01204 463175  
Email hf@boltonft.nhs.uk**



Dear Parent/Guardian

**Hand Hygiene**

As part of the Health and Wellbeing/Personal Hygiene programme within school your child has been invited to take part in a practical session.

Part of the lesson requires a practical activity, which will involve your child using an ultraviolet hand lotion and then after washing, placing their hands in a UV light box to show any areas that have been missed.

We want to make you aware that the UV lotion contains Cetyl Alcohol, this is not an ethyl or rubbing alcohol and does not have the side effect of drying the skin. It will be washed off during the practical part of the session.

This is a valuable learning experience that demonstrates the importance of thorough hand washing.

If you **DO NOT WANT YOUR CHILD TO TAKE PART IN THE PRACTICAL SESSION** then please inform the class teacher.

Kind regards  
Healthy Families Team

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I do **not** want my child to take part in the Hand Hygiene Practical session

Name.....

Class.....

Signed ..... (Parent/Guardian)